Virtual Learning Expectations

Basic Requirements:

- You must have access to the internet.

- Prepare to participate actively with others, sharing experiences when comfortable.

- Try to limit the usage of nicotine products during sessions; this could be a trigger for others. There will be breaks for you to get food/drinks, smoke, walk around, etc.

- If participating in programs based on judicial requirements, your camera must be turned on. You must be visible at all times.

- To get the most out of the classes, it's highly encouraged you participate using a computer/laptop, not a phone.

- When you are not speaking, please mute your microphone. This prevents extra noise and disruptions.

- All information shared in the group is CONFIDENTIAL. This is considered a safe space for sharing. Also, recording of the sessions is not allowed.

- Arrive a few minutes early so the class can start on time. This also allows time for any problems signing on to be addressed.

Our Refund Policy:

Please send refund requests to info@saara.org. Please make sure to include your name/address and training title. Refund requests will be accepted up to 48 hours before the training. All refunds will be processed via check and sent by mail.

Tips for Using Zoom:

If you are new to using Zoom, please use the following link for instructions: https://support.zoom.us/hc/en-us/articles/201362193-Joining-a-meeting